

GETTING STARTED:

- 1) When you receive something “really good” how likely are you to share? Now, be honest!
- 2) What generally motivates people to be helpful to others?

MESSAGE BIG IDEA: **Values: Rhythms of Compassion**

MAIN SCRIPTURE: Philippians 2:1-8 (Have a group member read)

DISCUSSION

- 1) What is one thing in the scripture or message that encouraged, challenged, convicted or confused you?
- 2) We're often more compassionate with people who've been in similar situations as ourselves. From this passage what can help us go beyond this limit?
- 3) We don't want to feel pain, so why would Paul encourage us to “share” each other's pain or burdens?
- 4) What does it mean if one serves someone but only the server feels good about it?

DIG DEEPER Psalm 51:1-4, 2 Corinthians 5:14-21

- 1) How is it compassionate to accept others' offers of compassion when we have urgent needs?
- 2) Looking at the Psalm, how does owning up to our own shortcomings help us live more compassionately?
- 3) How does it make us more compassionate when we avoid recognizing people according to the flesh, as read in the 2 Corinthians passage above?

BRING IT HOME

- 1) Compassion is not only grand gestures. In what ways can you incorporate compassionate acts into your daily “Rhythms”?
- 2) How will you develop or nurture your heart of compassion into your months, years, and milestones?

ASK FOR GOD'S HELP

- 1) In what ways can we pray, specifically, for you to show more compassion for others' needs as you serve Jesus?
- 2) How can we support any intention you have of living out your faith as a “new creation,” as Brian Gorman spoke of regarding 2 Corinthians 5?